



## Gilmore Elementary School

*Caring For Each Other, Learning For A Lifetime. Prendre Soins De L'autre - L'apprentissage Pour La Vie*

**James Gilmore  
Elementary**  
8380 Elsmore Road  
Richmond, BC  
V7C 2A1

**Trevor Shuto**  
Principal

**School Schedule:**  
8:45 - Classes Begin  
9:55-10:10 - Recess  
12:00-12:50 - Lunch  
2:45 - Dismissal

**School - 604-668-6268**  
**Early Warning**  
**604-668-6637**

April 10th Week at a Glance	
Monday	School Closed
Tuesday	Hot Lunch - Pizza
Wednesday	
Thursday	
Friday	

Dear Gilmore Families,  
Newsletters in this format will be one of the main sources of communication that you can expect to receive from the Gilmore office once again this year.

**Ventilation Project at Gilmore:**  
In the next few weeks there will be a ventilation project completed at Gilmore. This will provide our building with air circulation throughout. This will replace the air purifiers in every room. There will be a day where each classroom will have to spend the day in the library with their teacher and classmates as the job is completed in each classroom. Wanted to keep everyone updated on this project.

**2023 Student Learning Survey Grades 4 and 7:**  
Richmond School District is participating in the 2023 Ministry of Education Electronic Anonymous Student Learning Survey Project in cooperation with all other school districts throughout the Province. **Parents/Guardians/Caregivers of Grade 4 and 7 students, can complete the online Anonymous Student Learning Surveys any time before 11:59 pm April 29<sup>th</sup>, 2023**, providing immediate results to the RSD. Grades 4 and 7 students will fill in the survey during school time.  
[www.bced.gov.bc.ca/sat\\_survey/access.htm](http://www.bced.gov.bc.ca/sat_survey/access.htm)

**Babysitting Course:**  
For those who have children in Grade 6 or 7, your child will have received a notice today about an upcoming optional babysitting course that will take place at Gilmore on May 19th on the Pro D Day.

**Affordability Fund Reminder:**  
A reminder that the Provincial Government announced a new, one time Student and Family Affordability Fund. This fund is designed to assist families who require financial assistance with school-related costs such as school and course fees, workbooks, specialty supplies, field trips and other school-related charges and costs. Please reach out to Mr. Shuto if you could benefit from this fund. Thank you. As always, we thank you for your support and are enjoying teaching, learning with, and supporting our Gilmore students this year.

Sincerely,  
Trevor Shuto and the Gilmore Staff

Important Dates!	
Apr 17	Hot Lunch - Frozen Yogurt
April 21	Class Photos
Apr 24	Hot Lunch - Taco Luis
May 1	Hot Lunch - Pizza
May 2	Community Breakfast

## Dr. Deborah MacNamara

The Richmond School District will be hosting a virtual parent information session titled “Holding Onto Our Kids in a Digital World”. It will be held on May 2nd featuring Dr. Deborah MacNamara. Please see picture for further details. I have also attached the flyer to this email if that is easier.

RICHMOND SCHOOL DISTRICT | PARENT INFORMATION SESSION | MENTAL HEALTH WEEK

# Holding Onto Our Kids in a Digital World

with Dr. Deborah MacNamara



Dr. Deborah MacNamara is the author of Rest, Play, Grow: Making Sense of Preschoolers (for anyone who acts like one), and her children's picture book, The Sorry Plane. She is on Faculty at the Neufeld Institute and Director of the counselling practice, Kid's Best Bet.

**DATE/TIME**  
Tuesday, May 2, 2023  
6:30 – 8pm

**LOCATION**  
Hosted virtually via Zoom 

**REGISTRATION**  
Register using either the web address or QR code below.  
<https://bit.ly/40yMLJH>



*As if parenting wasn't hard enough in having to deal with screens, peer pressure on kids - and then we had to add a pandemic on top of it!*

How can we hold on to our kids so we can influence and guide them? What do kids really need from us so as to grow into socially and emotionally responsible beings? This presentation will discuss issues from technology to peer problems and how parents are the ultimate answer for what kids need most of all. Practical suggestions for (re)building strong relationships with kids from preschoolers to teenagers will be discussed along with managing challenging behaviour - including screen time!

RICHMOND  
SCHOOL DISTRICT NO. 38

## Buddha Board

Many children have asked me about the “Buddha Board” that I have in my office so I thought that I would share with everyone. It is a fun artistic activity where you can paint on the board with water and then as the water dries, it disappears. This also serves as a calming technique when children are upset, frustrated, or sad. Wanted to pass along as this is an extremely helpful tool and fun activity.



## Family Teams - We Are All Connected

At Gilmore, we have 32 “Family Teams” which each consist of students from Grade K-7. Throughout the year, we meet to help build community and for kids to work together with other staff and students from all grades and classes. Our focus last time we met was how we are all connected. Students each made themselves and drew a Country, Nation, or Cultural flag that represented them and their family. It is great to see how diverse a population we are and realize how much we can learn from each other. We are so proud!

